112學年度上學期11月份菜單替代食材(尚好)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 循環別 | 菜單名稱 | 原食材 | 替代食材 | | |
| K2 | 椒鹽魚排 | 魚排 | 鯊魚片 | 鯊魚丁 |  |
| L2 | 金黃魚排 | 魚排 | 鯊魚片 | 鯊魚丁 |  |
| M2 | 麻油魚丁 | 鯊魚丁 | 魚排 | 鯊魚片 |  |
| N4 | 茄汁魚片 | 鯊魚片 | 魚排 | 鯊魚丁 |  |
| K3 | 泰式燒丸 | 泰式酸辣醬 | 甜辣醬 |  |  |
| K1 | 乾煸季豆 | 冷凍菜豆(莢) | 長豆 |  |  |
| M2 | 蛋香季豆 | 冷凍菜豆(莢) | 長豆 |  |  |
| L2 | 火腿豆芽 | 切片火腿(豬肉) | 培根 |  |  |
| N4 | 雪菜豆干 | 油菜 | 雪裡蕻 |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |