108學年度上學期10月份菜單替代食材(尚好)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| 循環別 | 菜單名稱 | 原食材 | 替代食材 | | |
| H5 | 咖哩雞 | 馬鈴薯 | 南瓜 |  |  |
| H5 | 銀蘿絞肉 | 白蘿蔔 | 刈薯 |  |  |
| I5 | 彩椒油腐 | 彩椒 | 青椒 |  |  |
| I5 | 彩椒油腐 | 油腐 | 豆腐 |  |  |
| I2 | 田園花椰 | 馬鈴薯 | 南瓜 |  |  |
| J2 | 洋芋燉肉 | 馬鈴薯 | 南瓜 |  |  |
| J4 | 京醬肉片 | 刈薯 | 白蘿蔔 |  |  |
| J4 | 塔香海茸 | 海茸 | 海絲 |  |  |
| J5 | 關東煮 | 白蘿蔔 | 刈薯 |  |  |
| K1 | 紅麴燒雞 | 刈薯 | 白蘿蔔 |  |  |
| K2 | 關東煮 | 白蘿蔔 | 刈薯 |  |  |
| L1 | 塔香海根 | 海根 | 海絲 |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |